



## A Day in the Parks – 22nd July 2012

Following the successful reintroduction of racing in Birkenhead Park last season, the programme has been expanded to include the British Paracycling Championships, a Ladies Only circuit race, a Handicap race and Go-Ride Racing for 6 to 16 yr olds, all on Sunday 22nd July. The racing begins at 9.30am for the youngsters on the Lower Park until about 11am, at 10am for the Ladies on the Upper Park until 11.15am, at 12noon for the Handicap race on both Parks until 1.30pm, and at 2pm for the Paracyclists who will also use both Parks until about 3.15pm .

The Ladies race is open to 3<sup>rd</sup> & 4<sup>th</sup> Category female riders. Sign on will be open from 9am and the course on the Upper Park will be open at that time for warm up. The handicap event is open to E/12/3/4 categories, sign on from 11am and warm up on the Upper Park after 11.15am. The Paracycling event sign on is from 12noon, the course should be open for warm up from 1.40pm. Access to the HQ will be from Park Road South once racing starts at 12.00 noon in the Lower Park.

Birkenhead Park was refurbished recently to the tune of £8M including a superb road surface to the Carriage Drive. Designed by Joseph Paxton & opened in 1847 it was used as the model for Central Park New York.

Entries can be made online via the British Cycling web site, or by post to Geoff Brandt, 29 Templemore Rd, PRENTON CH43 2HB, or on the day. Phone 07770 577784 or email <u>geoff.brandt@ntlworld</u> for more information.